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| Name: ms.Soundarya | Reg No: 022-6SMHC19 |
| Age / Sex: 21/f | Contact No: 9206943763 |
| Marital Status:single | Date:22/6/19 |
| Occupation:beautician, 10th . beautician course. | Dr. pjfp |
| Address:  Native blore. | DIAGNOSIS- |

1. Carples and metacarpels pain since 7 months. Inc . even if doenst work pains.
2. Shoulder pain pains when moving., elbow pain< moving and sitting folded., knee pain<on standing up.after sitting, feet pain. < on waking cant stand up.
3. Calf muscle pain since 6 month.
4. Headache < more work. Tension,
5. Anger more if scolds…
6. giddiness.
7. 2011 got diagnose with hypothyroidism. When she was playing her grand ma told tht her neck was swelling.
8. Centre thoracic region pain bone.
9. Nightly fevers on and off.
10. Wd frm an year.

* Shoulder feels stiffness when working.
* People amel. Must talk and make happy I will forget. If alone will remember all this.

Past h/o:

* Had some swelling behind ear at birth got it operated.

Rx:

1. Rhus tox 200/benz acid 200/act spicata 200 – 4-4-4 b/food.
2. Nat mur 200/thyroidinum200 – 4-0-4 b/food.
3. Mag phos 30 dsic 4-0-4
4. Thyr 3x 2-2-2.
5. Guaicum Q/rtoxQ– 15-15-15 drops a/food.

12/7/19: massage time pain Is more. Hot water feels better. Hands main problem. Calf muscle swollen. And painful. First time got in right shoulder.

Rx:

1. Carcinosin 1m 4-4-4-4 10 days.
2. Nat mur 0/1 – 4-0-4 b/food. 10 days
3. Colchicum 1m/calc phos 1m/lyco 1m – 4-4-4-4 10 days.
4. Guiacum 1m – 4-4-4-4.10 days.
5. Rhemagic oil.